

## **Lenzie Moss Nature Reserve**



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**Grade: Easy**Distance: 1.5 miles
Time: 30 min

Calories burned: 230

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## **Directions**

Starting from Lenzie Train Station, walk through the car park towards the woodland at the far end. Continue straight on the path all the way along as the path changes to wooden boardwalk.

The path will reach a junction on the corner of Heather Drive, turn right here to enter the woodland.

Continue along the path all the way to a T junction in the path with the train station exit on the left to finish the ride.